



REGAL HEALTH

SERVICES

123 Edward St. Suite 1106, Toronto ON M5G 1E2
Ph 416 340 0700, Fax 416 340 0400
info@regalhealthservices.com
www.regalhealthservices.com

EXECUTIVE SUMMARY

You have one life. Live it well!

We are a unique Medical Clinic that provides enhanced healthcare. We begin your medical care with a Comprehensive Health and Lifestyle Assessment which entails a thorough personal history and medical examination, blood tests, EKG, ultrasounds or x-rays. All medically necessary tests are covered under OHIP as usual. As a client of our clinic, you are entitled to:

- **24/7 emergency medical advice from Your Personal Physician**
- **Email to Your Personal Physician's Blackberry 8AM-8PM 7 days a week**
- Email contact directly to Coordinator 9 AM-5 PM
- Office appointment within 1-2 business days of your request
- Extensive phone and email support for your healthcare needs
- A paramedic home or office visit for taking blood, urine, EKG or vital signs (two visits per year)
- Three consultations with Allied Health Care Professionals of your choice, including: Dietitian, Psychologist, Chiropractor/Physiotherapist, Massage Therapy, Optometrist, Podiatrist, Audiologist, or Fitness Coach
- Prescriptions (new or refills) phoned or faxed to your pharmacy without an office visit
- Wallet CD for your personal medical records with copies of pertinent Xrays, EKG, labs etc
- First Aid Kit with sterile supplies, bandages, tape and common over the counter medications
- 14 Emergency Prescriptions for infections, rashes and other common ailments for immediate use
- Health care advocacy – helping You with Your Healthcare
- Arranging out-of-country services such as consultations, MRIs or CTs in the USA
- Arranging urgent third-party testing such as MRI in GTA within days (under certain circumstances)
- Efficient and effective use of your time. Choice and flexibility in personalizing your program
- Travel & Immunization medical advice by phone and Rx without an office visit if possible
- Third-party forms such as insurance letters, certificates of health for work, sickness or travel cancellation notes, notes for medical devices, exams for driver's licenses, etc.
- Quarterly mini physicals

We spend as much time as you require fully addressing and investigating in detail your current health status and concerns. Your typical follow up appointment may last 30 minutes or more for an in depth discussion of test results and your individualized health plan. If you prefer to have the discussion by phone to save you time, that can be arranged as well. In order to be able to provide this type of comprehensive and personal health services, Regal Health has a limit to the number of clients it can accommodate and there is an annual fee of \$3300. There are no other fees.

Please feel free to visit our website www.regalhealthservices.com which describes in more detail the services offered by Regal Health. We would suggest arranging a complimentary initial meeting to discuss your needs and expectations with Dr. Hatashita by emailing our Program Coordinator, Liz Richards, at info@regalhealthservices.com or calling 416-340-0700 Monday to Friday to arrange a convenient time for you.

Experience the Convenience of Regal Health Services!